



FUTURE HEALTH TODAY: PROJECT ECHO SERIES

Matters of the heart: identifying and managing cardiovascular disease risk

7-8pm, Thursday 19th November 2020, via Zoom

To register: <https://redcap.healthinformatics.unimelb.edu.au/surveys/?s=7W4D7T7NTP>

This event is for GPs and practice nurses interested in identifying people at high cardiovascular disease risk and implementing systems to reduce that risk. Join with us to learn about the new Heart Foundation Tool Kit, the Life! Program and what our colleagues in general practice are doing to tackle the leading cause of death in Australia: coronary heart disease.



This ECHO session is delivered in partnership with the Heart Foundation



Natalie Raffoul - Heart Foundation

Natalie Raffoul is currently the National Risk Reduction Manager at the Heart Foundation. She has a background as a cardiology hospital pharmacist and the CVD & Diabetes Clinical Lead at NPS MedicineWise.



Elleni Kaias - Diabetes Victoria

Elleni is an Accredited Practising Dietitian with a key interest in the prevention of chronic disease and she is passionate about contributing to evidence based practice. Currently working for Diabetes Victoria as a Primary Care Engagement Coordinator, Elleni is responsible for leading the engagement for diabetes and cardiovascular disease prevention to the Victorian primary care sector.



Jade Cartwright - Gateway Medical Clinic

Jade is an RN and Chronic Care Coordinator at Gateway Medical Clinic in Wangaratta, operating a 'Nurse Led' Chronic Care Clinic which encompasses care planning, health education and assessments, behavioural change, smoking cessation, spirometry and care coordination. In conjunction with the Murray PHN Investment in General Practice, Jade currently is focusing on Heart Failure and COPD clients increasing self-management ability and update of action plans.

Future Health Today and Project ECHO

Future Health Today is an official Project ECHO hub and has developed a series of live, collaborative case-based education and information sessions in which subject-matter experts support on-the-ground practitioners to manage complex patients. The hub and spoke model brings best practice care to the front line and enables faster intervention at the community level. Project ECHO is an opportunity for participants to share de-identified cases from their practice and receive advice and support from the general practice community and topic experts.

Questions? Email us at contact-FHT@unimelb.edu.au